

# The Register of IBS Therapists

(Listed in Family Doctor Books series published in association with the British Medical Association BMA)

## One Day IBS Workshop 2012

**Sunday 08th April 2012**

Registration 9.30 for 10.00 ending approx 4.45pm

**Guardian Medical Centre, Guardian Street Warrington WA5 1UD**

**Speaker: Michael Mahoney**

### **The Benefits and uses of Hypnotherapy With Irritable Bowel Syndrome (IBS)**

The day will consist of:

- 1) Explanation of all IBS variations
- 2) How to mitigate and / or remove symptoms completely, of this troublesome complaint, which affects up to 1 in 4 of the population at some times in their lives!

**This Workshop** will cover Patient Counselling / Information gathering, IBS Variation Recognition, Aetiology, Pathogenesis, Understanding Medical Terms, Structuring & Planning sessions, Monitoring Responses & Feedback, Scripts, Managing Secondary Gain Issues, Replying to Referring Consultants and more ... No medical or clinical training is necessary; this workshop is designed for Lay Hypnotherapists in Practice. All delivered in an easy to understand way, with humour, sensitivity and in-depth knowledge.

**Michael Mahoney** is a Clinical Hypnotherapist in professional practice since 1986, specialised in IBS since 1991. He holds membership of several primary care societies. Michael's services are used by GP's / NHS & Private Hospital Consultants throughout the North West of England, and beyond. In July 2011, he attended the Queens garden party, as recognition for his "Innovative health solutions" through his suite of therapeutic audio recordings. He has Medical Research Project Experience funded and audited by the Medical Profession. His IBS Audio Program 100 has been evaluated and is used in a leading UK GI research hospital. He is a trained Trainer of NHS HoNoS. He regularly presents to Medical Forums. He presents training on both Hypnosis and Stress Management which have been PGEA (GP Training) Accredited. In October 2001 he presented his work in IBS to the Annual Scientific Meeting of the Primary Care Society. He has worked as a consultant at a local hospital. In March 2002 he was asked to give evidence to an NHS Priority Sub Setting Committee regarding IBS and its impact on the patient and a proposed structure to allow hypnotherapy for IBS management to be used on the NHS. He also holds membership of several international education and research groups. His unrivalled experience in this field is widely recognised, and you get the benefit from it!

**Michaels' Practice -TimeLine Services:** Administrators of the IBS Register & established service providers to Regional NHS Occupational Health Departments, Corporate Organisations and local government. Providing caring services to the carers such as Counselling, Hypnotherapy, Stress Management Workshops and more. The cost for the day is £155.00. This includes coffee on arrival, buffet lunch, afternoon tea, and plenty of handout information, including scripts to take home with you, which you can apply immediately to your patients.

**If you would like to join us please complete the form below and send it with your payment. Registration is at 9.30am for a 10.00am start and finishing at approx. 4.45pm.**

**Just one extra client easily pays for this workshop which is perhaps the most complete and full workshop of its kind in the UK.** Completion will allow the attendee to apply for IBS Register Membership in the OPSIM classification of our website. Take advantage now, prepare for and specialise in a field that is growing, use proven methods of improvement from one of the recognised leaders in this field.

# Workshop Attendance Form

**Complete the form below to book for the Workshop on Sunday 08th April 2012**

The cost of the day is £155. Just one extra client easily pays for this workshop. This workshop is self financing!

I should like to reserve..... Place(s) for **The Benefits and uses of Hypnotherapy with Irritable Bowel Syndrome** at Guardian Medical Centre on Sunday 08th April 2012

Full details and map will be sent with your receipt. **Cheques payable to Michael Mahoney** and sent to **Michael Mahoney, Guardian Medical Centre, Guardian Street, Warrington, Cheshire WA5 1UD**

Date: .....

Name (capitals please) ..... Telephone: .....

Email Address: .....

Address: .....

.....Post Code: .....

I understand, in the remote possibility of the Workshop being cancelled, I will receive a full refund of all course fees. Cancellation by me within 1 month of the workshop will incur an administration fee equal to half the full course fee. Cancellation by me within 2 weeks of Workshop date no refund will be issued. I also confirm that I am a practicing Hypnotherapist. I agree not to use the information, processes or notes and information gained or received at the workshop for my own workshops without express written permission from Michael Mahoney.

## **What Attendees have said about our One Day IBS Workshop.**

- A very interesting and informative day - Excellent! *RP-Nottingham*
- An Excellent day - Thank You - *MG - Hull*
- Very Enjoyable & Informative - Thank You! *BC-Shropshire*
- Excellent workshop, well presented and informative. Definitely worth while giving up a Weekend away for. *CH-Wilmslow*
- Very Informative, handouts were marvellous, learned more than I had ever hoped. *SK-Gloucester*
- One of the most instructive and enjoyable training seminars I have attended-*JFC Hants*
- Very Informative - Thanks for an enjoyable day - *LT-Altrincham*
- Found information first class - *GD-Edinburgh*
- Lots of information in a short time, and all of it good - *SD-Chester*
- Excellent Workshop! *PH-Congleton*
- Very nicely and thoroughly delivered. *AM-Manchester*
- Very useful and interesting, a most thorough approach. *TC-Edinburgh*
- I will be in touch when my feet touch the ground again! Many thanks for the course, I have learnt a lot and feel better about handling IBS clients. *PM-Watford*
- I've been to a few courses before when I've left wondering if I've really learnt anything - I'm leaving this course feeling like I've really learned a lot. Thank you. *RDF-Doncaster*
- A very interesting day. *NF-Manchester*
- Very interesting and enjoyable. *AJ-Manchester*
- Excellent!! *DE-Cheshire*
- Most enjoyable and informative. *CL-Bolton*
- Excellently Balanced. *HW-Manchester*
- Very Interesting and informative. *RJ-Leeds*
- Excellent. *SJ-Hull*
- I am looking forward to the next seminar - *GM- London*
- Best Workshop in a long time.- *RD- London*
- I am impressed with all aspects of the lecture. *SF-Wiltshire*
- Excellent Course! *JG-London*
- Fine, Informative and enjoyable.- *KL-Surrey*
- An Excellent and extremely comprehensive seminar. *UM-Cheltenham*
- Very Relaxed & Informative. *MD-West Midlands.*
- Very Enjoyable & Informative. *JK - Newcastle*
- Many Thanks for a very comprehensive presentation in easy to follow terms. *NC-Birmingham*

## **Travel & Accommodation**

### **Train Stations**

#### **Warrington Bank Quay Railway Station is 10 minutes walk away.**

Turn left out of the station. Go up to the traffic lights. Go straight over the lights with Aldi on your left and the town park on your right.

Walk up to the next lights. Turn left. Cross the road at the crossing (opposite the tile shop) and head left over the bridge. As you come over the bridge, you will see Guardian Medical Centre over to the right. At the base of the bridge, turn right into Guardian Street and into the medical centre grounds.

#### **Warrington Central Railway Station is 15 minutes walk**

Outside the railway station cross the road and bear right. Walk to the traffic lights about 300 yards and turn left at the lights. Walk to the next set of traffic lights and go straight over. Walk under the railway bridge and keep going. Walk over the next railway bridge and you will see Guardian Medical Centre over to the right. At the base of the bridge, turn right into Guardian Street and into the medical centre grounds.

### **SatNav**

Guardian Medical Centre post code is: WA5 1UD

### **Places to stay**

Travel Lodge

The nearest is Kendrick Street / Legh Street Warrington This is just 2 minutes walk from the medical Centre.

Village Hotel Warrington

Approx 10 minute drive from the Medical Centre.